



Got ADHD?
Get CHADD!

Whether you have a new diagnosis, are looking for on-going support, or are simply interested in knowing more and supporting others with ADHD, CHADD can support you! CHADD provides current insights and information about ADHD and co-occurring neurodiversity.

CHADD ADHD
Educational Support Meetings
*** FREE ***

Currently Virtual on Zoom

1. Parent ADHD Support Meeting

Parents | Teachers | Caregivers | Adults | Adolescents (NO Childcare)
December

3rd Saturday | 10AM - Noon

No meeting August or

2. Adult ADHD Support Meeting

Partners | Spouses | Parents | Teens 16+
December

3rd Wednesday | 7PM – 9PM

No meeting August or

The OC CHADD Volunteers:

Parent Support Meeting Facilitators: Natalia nvanrikx.chadd@gmail.com and
Haley hayleybuchanan288@gmail.com

Chapter Coordinator & Adult Support Meeting Facilitator: Bryn Harari brynhararichadd@gmail.com
Past Coordinator / Advisor: Debra Ann Afarian ADHDmeeting@gmail.com

OC CHADD is self-supporting through donations, contributions and membership. You do NOT have to be a member to attend meetings. Membership is \$53 a year and includes valuable benefits, including a highly rated monthly online subscription to *Attention* Magazine, podcasts, current updates and access to many learning and support opportunities.

OCCHADD Chapter #455 supports an evidence-informed, evidence-based, best practice, multi-modal treatment approach for ADHD, which can be done with or without medication. Individuals at an OCCHADD-sponsored event do not represent an endorsement by CHADD, nor is it testimony by CHADD as to the quality of the products, services, publications, medications or treatments or the validity of the claims. Any advice given by a OCCHADD Facilitator is understood to be given in good faith. Participants choosing to follow such advice assume full responsibility for doing so.

CHADD does not endorse products, services, publications, medications or treatments

www.chadd.org

www.help4adhd.org

www.greaterOCchadd.org