



South OC CHADD ADHD Parent Presentation

Saturday, January 18, 2020

10:00am: Introductions

10:15am: Educational Presentation

11:00am-12:00pm: Open Discussion, Q&A

“Parenting with an ADHD Lens”

Presented by: Natalia van Rikxoort, MSW, ACC

When your child receives an ADHD diagnosis, it’s a game-changer. Children and teens with ADD/ADHD have unique challenges and needs. Conventional parenting tactics, strategies, and wisdom often no longer apply. Instead, you’ll need to begin parenting with an ADHD lens.

Join us to learn how to approach parenting with ADHD in mind and put your child on the road to success while also keeping the peace at home.

About the presenter: Natalia van Rikxoort, MSW, ACC is a social worker and certified life coach with specializations in ADHD and family coaching. Her practice, Lotus Life Coaching Services, provides consultation and coaching services to adults, youth, and families impacted by ADHD and executive functioning challenges.

Natalia holds a BA degree in psychology and social behavior as well as a master’s degree in clinical social work with a specialization in children and families. Prior to becoming a coach, she dedicated over 10 years serving clients in the mental health and social services fields.

LOCATION:

**Norman P. Murray Community & Senior Center (Lantana Room)
24932 Veterans Way
Mission Viejo, CA 92692**

**Meetings are FREE and open to the public.
You do not have to be a CHADD member to attend.**

For map & directions, visit: www.greaterOCchadd.org

For more information email: ADHDmeeting@gmail.com

CHADD (Children and Adults with Attention-Deficit/Hyperactivity Disorder) is the nation's leading non-profit organization for individuals with ADHD, their families and professionals. Over 150 local chapters across the U.S. offer support for individuals, parents, teachers, and professionals. FREE monthly support group meetings provide a forum for continuing education for parents and professionals interested in learning more about ADHD in children and adults. For more information about, visit chadd.org

CHADD does NOT endorse any one treatment, medication, provider, publication, service or product.