



# ADHD General Presentation

Wednesday, May 8, 2019  
7:00 – 9:00pm

## “SleepTalk for Children”

Presented by: Noha Marwan

The Goulding SleepTalk® process is a unique, parent delivered process that acts as the mind’s firewall which protects against negative suggestions and leads towards developing emotional resilience for children.

1. This process improves self-esteem, confidence, and a variety of behaviour disorders, including ADHD challenges.
2. The audience will take away a safe 2-minute, step-by-step, process that empowers them to improve or overcome their children’s challenges.
3. The workshop is geared towards all parents.

Noha Marwan is the Owner and Director of LearningRX Costa Mesa – Irvine, a Cognitive Skills Consultant and a Brain Trainer. She is a certified NLP Coach, a Consulting Hypnotist, SleepTalk for children Consultant, Emotional Freedom Techniques Practitioner, Transactional Analysis Relationship Specialist, REIKI Practitioner and a Certified Arhatic Yoga Pranic Healer. Noha is a passionate for meaningful existence and an advocate for lifelong learning and development. She has been practicing and experiencing the wonders of the results of the mind science field with a profound professional experience, especially in the fields of IQ development, Personal Empowerment and Parenting Education. Dedicated to improving the skills and techniques of individuals and groups, Noha was the main speaker in many seminars and workshops for the last 5 years. She has helped a lot of children and adults to become smarter, more self-confident and self-empowered with successful academic performance and social skills.

### LOCATION:

Heart 4 Kids Coaching, Training & Therapy Center  
145 W. Main Street (upstairs)  
Tustin, CA 92780

Meetings are **FREE** and open to the public.  
You **do not** have to be a CHADD member to attend.

For map & directions, visit: [www.greaterOCchadd.org](http://www.greaterOCchadd.org)

For more information email: [ADHDmeeting@gmail.com](mailto:ADHDmeeting@gmail.com)

*CHADD (Children and Adults with Attention-Deficit/Hyperactivity Disorder) is the nation's leading non-profit organization for individuals with ADHD, their families and professionals. Over 150 local chapters across the U.S. offer support for individuals, parents, teachers, and professionals. FREE monthly support group meetings provide a forum for continuing education for parents and professionals interested in learning more about ADHD in children and adults. For more information about, visit [chadd.org](http://chadd.org)*

CHADD does NOT endorse any one treatment, medication, provider, publication, service or product.