



ADHD General Presentation

Wednesday, April 10, 2019
7:00 – 9:00pm

“ADHD & Difficult Behaviors”

Presented by: Debra Ann Afarian, Certified T:K Practitioner

In the same way that kids with learning disabilities struggle with thinking skills in areas like reading, writing or math, research has shown that behaviorally challenging kids lack thinking skills related to flexibility, frustration tolerance and problem solving. Not long ago, kids who had trouble reading were thought of as lazy or dumb. Today, people recognize that these kids have a learning disability that simply requires a different method of teaching. This presentation will take you on a journey to shift your perspective and practice with behaviorally challenging kids through the lens of the Collaborative Problem Solving (CPS) approach. Rather than try to motivate these kids to behave better through rewards, consequences and ignoring – that seldom has durable results -- CPS builds helping relationships and teaches skills through a process of helping adults and kids learn how to resolve problems collaboratively, and durably.

Debra Ann Afarian is a Certified Think:Kids Practitioner and community educator on ADHD, specializing in the social-emotional behavioral component of non-compliant, twice exceptional (2E) kids. Also trained as a NAMI presenter on “Parents & Teachers as Allies,” Debra Ann helps families and teachers navigate the sea of options on community resources, accommodations, modifications and interventions dealing with complex behavioral challenges. In addition to having been a challenging child herself, she has first-hand experience of how challenging behaviors in students and children are thought of by many adults. Debra Ann has developed strength and experience for breaking that cycle and her passion is to make sure that misconceptions and lack of treatment do not continue to be barriers to maximizing ALL children’s potential. Married since 1989, they have two boys, one born in 1995, neurotypical & one born in 1994, a former challenging child.

LOCATION:

Heart 4 Kids

Coaching, Training & Therapy Center

145 W. Main Street (upstairs)

Tustin, CA 92780

**Meetings are FREE and open to the public.
You do not have to be a CHADD member to attend.**

For map & directions, visit: www.greaterOCchadd.org

For more information email: ADHDmeeting@gmail.com

CHADD (Children and Adults with Attention-Deficit/Hyperactivity Disorder) is the nation's leading non-profit organization for individuals with ADHD, their families and professionals. Over 150 local chapters across the U.S. offer support for individuals, parents, teachers, and professionals. FREE monthly support group meetings provide a forum for continuing education for parents and professionals interested in learning more about ADHD in children and adults. For more information about, visit chadd.org

CHADD does NOT endorse any one treatment, medication, provider, publication, service or product.