

ADHD General Presentation

Wednesday, April 17, 2019

7:00 – 9:00 PM

“Understanding Emotions & Motivation in Adults with ADHD: Implications for Treatment”

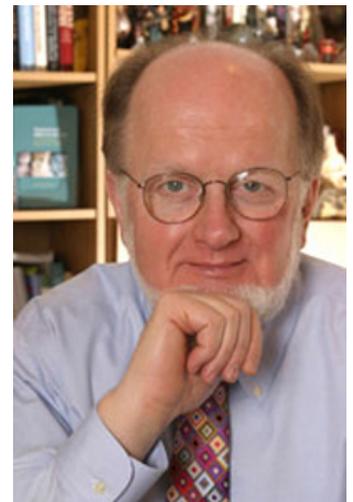
Presenter: Thomas E. Brown, Ph.D.,

**Brown Clinic for Attention & Related Disorders in Manhattan Beach, CA.
Adjunct Clinical Associate Professor of Psychiatry & Behavioral Sciences
Keck School of Medicine of the University of Southern California**

Dr. Brown will explain the:

- ‘*Central Mystery of ADHD.*’ Why children and adults with ADHD can focus and sustain effort for a few specific tasks or activities in which they have strong interest, but not for many other tasks they recognize as important — “why ADHD looks like ‘willpower’ problem but isn’t.”
- Important role of emotions and motivation in ADHD — “How the brain ‘Googles’ to shape motivation and how impairments of working memory in ADHD can cause “emotional flooding” that can disrupt work as well as social and family relationships.
- The importance of ‘fine-tuning’ ADHD medications to optimize the dosing and timing for each individual patient’s response to fit their body’s sensitivity and daily schedule.

Thomas E. Brown, Ph.D. is a Yale-trained clinical psychologist who served on the clinical faculty of the Yale University School of Medicine for more than 20 years. He moved to California in 2017 & opened a new clinical practice, the *Brown Clinic for Attention & Related Disorders*, located in Manhattan Beach. *The Brown ADHD Clinic* provides assessment and treatment for children, teenagers and adults with ADHD and related problems. The clinic’s website is www.BrownADHDclinic.com



Location:

**Heart 4 Kids Center
145 W. Main Street
Tustin, CA 92780**

Meetings are FREE and open to the public. You do not have to be a CHADD member to attend.

For map & directions, visit: www.greaterOCchadd.org or email: ADHDmeeting@gmail.com

CHADD (Children and Adults with Attention-Deficit/Hyperactivity Disorder) is the nation's leading non-profit organization for individuals with ADHD, their families and professionals. Over 150 local chapters across the U.S. offer support for individuals, parents, teachers, and professionals. FREE monthly support group meetings provide a forum for continuing education for parents and professionals interested in learning more about ADHD in children and adults. For more information about, visit chadd.org

CHADD does NOT endorse any one treatment, medication, provider, publication, service or product.