



ADHD Adult Presentation

**Wednesday, October 16, 2019
7:00 – 9:00 pm**

“The Diagnosis, Characteristics, and Treatment of OCD—and the ADHD Connection!”

Presented by: Chris Trondsen, M.S., AMFT, APCC

Twenty percent of individuals with ADHD also suffer from obsessive-compulsive disorder (OCD). This presentation will discuss the basic characteristics of OCD. Additionally, the presenter will educate attendees about the different subtypes of the disorder that go beyond contamination fears—including many types of OCD most people did not know existed! How OCD is diagnosed, proper treatment of the disorder, and resources will also be discussed. Finally, there will be a discussion on why many doctors misdiagnose or confuse the similar traits of OCD and ADHD and how you can tell the difference. The presentation will conclude with a question and answer segment!

Chris Trondsen, M.S., is a registered professional clinical counselor and a registered MFT who has specialized in the treatment of OCD and anxiety disorders for the past 9 years at The Gateway Institute in Costa Mesa, California. Additionally, Chris serves as Vice President of OCD Southern California, an official affiliate of the International OCD Foundation (IOCDF), providing free and low-cost services and educational events to the So Cal community. As an ambassador of the IOCDF, Chris has also presented talks and panels on OCD and related disorders at local and national conferences, and made numerous media appearances.

LOCATION:

**H4K Coaching, Training & Therapy Center
145 W. Main Street (upstairs)
Tustin, CA 92780**

Meetings are **FREE** and open to the public.
You **do not** have to be a CHADD member to attend.

For map & directions, visit: www.greaterOCchadd.org
For more information email: ADHDmeeting@gmail.com

CHADD (Children and Adults with Attention-Deficit/Hyperactivity Disorder) is the nation's leading non-profit organization for individuals with ADHD, their families and professionals. Over 150 local chapters across the U.S. offer support for individuals, parents, teachers, and professionals. FREE monthly support group meetings provide a forum for continuing education for parents and professionals interested in learning more about ADHD in children and adults. For more information about, visit chadd.org

CHADD does NOT endorse any one treatment, medication, provider, publication, service or product.