



ADHD Parent Support Group 2019

Last Wednesday of Each Month

(except August & December)

6:30 – 8:30pm

**January 30, February 27, March 27,
April 24, May 29, June 26, July 31
September 25, October 30, November 27**

Moderated by: Brooke & Debra Ann

As a parent, guardian or family member of a child with "differences", you agonize over how best to support your child. You worry about getting the right information about the specific disability, therapy/intervention, testing, to medicate or not medication ... and how to get accurate information and a good education on ADHD/ADD.

Our Hope is this *Parent Support Group* is for you to share your experience, strength, hope and strategies with each other. This is a problem solving | sharing support group to help each other find solutions to raising a child, adolescent or young adult with ADHD.

What is CHADD? Children and Adults with Attention-Deficit/Hyperactivity Disorder (CHADD) is the nation's leading non-profit organization for individuals, their families and professionals dealing with ADHD. Over 150 local chapters across the U.S. offer support for individuals, parents, teachers, and professionals. Your FREE OCCHADD monthly support group meetings provide a forum for continuing education for parents, teachers and professionals interested in learning more about ADHD in children and adults.

For more information about CHADD National, visit www.chadd.org

For more information about OCCHADD visit www.greaterOCchadd.org

LOCATION:

Heart 4 Kids Coaching, Training & Therapy Center

145 W. Main Street, Suite 210

Tustin, CA 92780

Meetings are FREE and open to the public.

You do not have to be a CHADD member to attend.

For map & directions, visit: www.greaterOCchadd.org

For more information email: ADHDmeeting@gmail.com

CHADD of Greater Orange County California supports a science-based, best practice, multi-modal treatment approach for ADHD, which can be done with or without medication. Any advice given by a CHADD Facilitator is understood to be given in good faith. Participants choosing to follow such advice assume full responsibility for doing so.