



ADHD General Presentation

Wednesday, April 10, 2019
7:00 – 9:00pm

“Is It Really *that* Hard to Pay Attention”

Presented by: Brenda Lana, Pathfinders Learning

What does it feel like to NOT be able to pay attention? This series of exercises in the attention simulation offers a powerful glimpse into challenges with attention, focus, and concentration. The objective of the simulation is to offer opportunities for personal insight into the well-intentioned, but often frustrating, lives of high-potential children (and adults) facing attention challenges. Not only can this increased understanding lead to more useful guidance, but children often express sincere gratitude to parents and professionals for better understanding why they act and react the way they do when required to sustain focused attention. Understanding the emotional challenges a child is facing will help them meet those challenges more effectively.

It's an interactive and FUN night!

Brenda Lana's passion to help struggling students become successful learners led to the establishment of Pathfinders Learning in 2003. She began her career in education in 1994 at a small private school and later taught third, fourth, and fifth grade in the SUSD in SoCal. She worked at the OCDE as a Reading Resource Teacher in Special Education where she trained teachers in reading instruction and facilitated classroom instruction. She is certified as a Dyslexia Remediation Specialist. Students at Pathfinders bring new challenges of all types every day. Pathfinders provides cognitive training to remediate reading, writing, spelling, and math, attention, and executive function. We also use a variety of strategies and tools to develop spatial orientation, balance, and body awareness and control. We work with all ages—from four through adult.

LOCATION:

Heart 4 Kids

Coaching, Training & Therapy Center

145 W. Main Street (upstairs)

Tustin, CA 92780

**Meetings are FREE and open to the public.
You do not have to be a CHADD member to attend.**

For map & directions, visit: www.greaterOCchadd.org

For more information email: ADHDmeeting@gmail.com

CHADD (Children and Adults with Attention-Deficit/Hyperactivity Disorder) is the nation's leading non-profit organization for individuals with ADHD, their families and professionals. Over 150 local chapters across the U.S. offer support for individuals, parents, teachers, and professionals. FREE monthly support group meetings provide a forum for continuing education for parents and professionals interested in learning more about ADHD in children and adults. For more information about, visit chadd.org

CHADD does NOT endorse any one treatment, medication, provider, publication, service or product.